



Inside you will find a sample of:

***Disciple Building:
A Practical Strategy***
(Table of Contents and excerpt)

Disciple Building: A Practical Strategy

Table of Contents

Introduction

- Five Foundational Assumptions
- The R-CAPS Grid
- Disciple Building Situations
- Best Environment for Disciple Building
- Disciple Building Must Restore and Equip

NGP Approach

- Discover Needs of a Disciple
- Prioritize Needs
- Set Goals
- Design Personal Growth Projects
- Evaluate and Update the Plan and Projects

Conclusion

Exhibits

- R-CAPS Grid: A Framework for the Disciple Builder
- Mark's Case Study
- Pages from Mark's Equipping CGC
- Pages from Mark's Restorative CGC
- Sample NGP #1
- Sample NGP #2
- Sample NGP #3
- Sample NGP #4
- Blank NGP Worksheet
- *Christian Growth Inventory (CGC)*

Excerpt from *Disciple Building: A Practical Strategy*

II. **NGP Approach** (How to Discern Needs, Set Goals and Write Projects for a Disciple)

Introduction

Now that many of the foundational philosophical roots have been discussed, the R-CAPS Grid explained and the restorative elements of disciple building presented, it is time to put these theoretical concepts into practical, disciple building situations.

As we grow and help disciples grow, it is important to recognize our dependence on God for wisdom and guidance. Although we have a responsibility to be faithful, diligent and loving, it is the Holy Spirit who enables us and causes us to grow. (I Corinthians 3:10-11)

But as the Lord of our sanctification, He has given us the privilege of cooperating with Him in effecting growth. To accomplish this He has provided practical approaches or strategies to use in carrying out our responsibilities. Just as we need a strategy for living (with goals, priorities, etc.) we need a strategy for building disciples. Understanding what people need, having clear goals that assist them, and prayerfully designing growth projects are essential ingredients in disciple building.

At WDA we integrate these three concepts into a tool called an “NGP” (an acronym for Needs-Goals-Projects/Plans). This tool is useful in training leaders to pray through, think through, write and implement a personalized disciple building strategy. Having a strategy in building disciples will help prevent aimlessness and “communication overload.” Paul’s admonition in Ephesians 5:15-16 sums up this approach: “Live life...with a due sense of responsibility, not as men who do not know the meaning and purpose of life, but as those who do.

Make the best use of your time, despite all the difficulties of these days.”
(Phillips)

Step 1: Discover the Needs of a Disciple

The well-known psychologist, A. H. Maslow suggested that there is a hierarchy of human needs. We need to be fed and clothed, we need to feel secure, we need companionship and love, we need to understand our purpose and the meaning of life, and we need to feel that we are a significant part of the world.